



100% Raw Organic Fair-Trade Cacao  
Paste from Peru: Heart/Soul  
Medicine for Challenging Times

### Why Cacao?

- Cacao opens the heart & consciousness in very gentle, yet clearly felt ways: it is a gentle medicine, and reminds us of the power of softness & vulnerability, over force.
- Cacao is one of the most nourishing foods found on this planet: extremely rich in antioxidants, vitamins & minerals (especially iron & magnesium), not to mention profoundly (yet gently) effecting on our brain chemistry (Cacao is a natural anti-depressant: not to be under-estimated in these challenging-wintery months!)
- Cacao stimulates our emotional body: helping to feel and process emotions with more fluidity, grace, and support.
- Cacao also stimulates our intuition and creative flow, stimulating our inner-child & wise-elder to come alive and play.

- Cacao is a true plant-ally: helping us receive heart healing & opening, messages, & guidance, from the wisdom of the Earth itself. This plant also aids in our connection to the Earth, and our inter-connection and reverence to all of life.

For more about the benefits of Cacao: <http://www.alma-omega.world/cacao/>

**Cacao Orders (only to be picked up in Berlin: sadly no shipping!):**

**Receive a 45 minute Cacao-Blessing with each order.**

Including the following:

- Practical mini-workshop on how to prepare Cacao properly
- Tailor-made mini-Cacao Ritual-coaching: tapping into what is currently present in your life, and where you are being called to open to receive more support from this plant ally.
- Ritual, meditation and embodiment will be woven into this Cacao Blessing: to further support you on this journey with this beautiful plant.

**Cacao Blessing:** including 1 kilo Cacao Paste and 45 minute Ritual Blessing:

- Sliding Scale: 55-, 65-, 75-

**Additional Cacao Kilo Price:**

- It's also possible to order cacao without the blessing
- 1 kilo minimum
- Sliding Scale 40-, 45-, 50- per kilo

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